

| Pos | Nombre | Club | Tiempo | Diff. |
|----------------|------------------------------------|-------------------------|----------------|----------|
| R1 (54) | | 1,5 km 91 m 15 C | | |
| 1 | Navarro García, Alfonso Manuel | . TERESIANAS | 22:08 | 0:00 |
| 2 | ROMERO MORENO, OSCAR | . ALMOGIA | 25:10 | +3:02 |
| 3 | GARCIA ROMERO, PEDRO | . ALMOGIA | 25:14 | +3:06 |
| 4 | MONIO RODRIGUEZ, ALMA | . COMA | 26:30 | +4:22 |
| 4 | MONIO RODRIGUEZ, HELENA | . COMA | 26:30 | +4:22 |
| 6 | Paradas Alvares de Eulat, Joel | . Sendero Sur | 26:43 | +4:35 |
| 7 | González Arroyo, Maya | . Sendero Sur | 26:44 | +4:36 |
| 8 | Villodres Espejo, Daniela | . Sendero Sur | 28:22 | +6:14 |
| 9 | León Jiménez, Ángel | . CD Puerta Oscura | 28:29 | +6:21 |
| 10 | Paradas Alvares de Eulat, Ainhoa | . Sendero Sur | 28:33 | +6:25 |
| 11 | ESTERO OLMO, JORGE | . Coin-o | 29:36 | +7:28 |
| 12 | Ramos Perez, Jorge | . Sendero Sur | 31:59 | +9:51 |
| 13 | GIOVANNI, VANNI | . ALMOGIA | 40:39 | +18:31 |
| 14 | CARO INFANTES, MANUEL | . ALMOGIA | 42:20 | +20:12 |
| 15 | Conejo Domínguez, Alicia del Carne | . ALMOGIA | 42:29 | +20:21 |
| 16 | DEL PINO ROMERO, JUAN | . ALMOGIA | 42:37 | +20:29 |
| 17 | DELGAdO RODRIGUEZ, ANGELA | . ALMOGIA | 42:46 | +20:38 |
| 18 | Bustamante Salazar, Sofia | . ALMOGIA | 43:40 | +21:32 |
| 19 | Moreno Martos, Elena | . ALMOGIA | 43:52 | +21:44 |
| 20 | Aguilar Moreno, Patricia | . ALMOGIA | 44:31 | +22:23 |
| 21 | Aguilar Moreno, Carmen | . ALMOGIA | 44:39 | +22:31 |
| 22 | URBANO AGUILAR, MARIO | . ALMOGIA | 50:51 | +28:43 |
| 23 | Guerrero Castro, Lía | . COMA | 1:03:07 | +40:59 |
| 24 | MOSIF, SARA | . Coin-o | 1:03:51 | +41:43 |
| 25 | GONZALEZ, ANABEL | . Coin-o | 1:04:37 | +42:29 |
| 26 | ARRABAL RUIZ, CARMEN | . ALMOGIA | 1:08:08 | +46:00 |
| 27 | TORREBLANCA MARTOS, MARIA | . ALMOGIA | 1:08:10 | +46:02 |
| 28 | Godrid Marin, Idaira | . ALMOGIA | 1:08:13 | +46:05 |
| 28 | TORREBLANCA FGERNANDEZ, LOLA | . ALMOGIA | 1:08:13 | +46:05 |
| 30 | reina campos, Nerea | . ALMOGIA | 1:25:19 | +1:03:11 |
| 31 | Jimenez Reina, Indara | . ALMOGIA | 1:25:23 | +1:03:15 |
| 32 | Alaminos, Nieves | . TORREÑ-O | 1:47:08 | +1:25:00 |
| 33 | Marín Lozano, Carmen | . INDEPENDIENTE | 1:47:09 | +1:25:01 |
| 34 | Jimenez Tortosa, Sergio | . Sendero Sur | 1:51:15 | +1:29:07 |
| | Dominguez Ruedas, Jose Miguel | . Sendero Sur | Error en tarj. | |
| | Ortiz González, Valentina | . Sendero Sur | Error en tarj. | |
| | González Arroyo, José | . Sendero Sur | Error en tarj. | |
| | Moya Martínez, Marcos | . INDEPENDIENTE | Error en tarj. | |
| | Arrabal Rouane, Fátima | . ALMOGIA | Error en tarj. | |
| | TORRES SAMOS, HUGO | . ALMOGIA | Error en tarj. | |
| | urbano infantes, Juan Francisco | . ALMOGIA | Error en tarj. | |
| | MONTIEL JIMENEZ, SALVADOR | . ALMOGIA | Error en tarj. | |
| | Gozalo Martinez, Marcos | . INDEPENDIENTE | Error en tarj. | |
| | Moreno Antúnez, Soledad | . ALMOGIA | Error en tarj. | |
| | Marín Santos, José Miguel | . ISTAN TEAM | Abandona | |
| | Cobos Sanzo, Alma | . Sendero Sur | Abandona | |
| | Somosierras Gutierrez, Iker | . Sendero Sur | Abandona | |
| | Rodríguez Muriano, Ernesto | . ALMOGIA | Abandona | |
| | AGUILERA BARRETO, GABRIEL | . ALMOGIA | Abandona | |
| | Cerdá Gil, Matias | . Sendero Sur | Abandona | |
| | Sanchez Gomez, Maria | . ALMOGIA | Abandona | |
| | Aluart Molero, Borja | . ALMOGIA | No sale | |
| | morales aranda, Daniela | . ALMOGIA | No sale | |
| | STRAESSLE, JAKE | . ALMOGIA | No sale | |

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|----------------|--------------------------------|--------------------------|----------------|----------|
| R2 (43) | | | | |
| | | 1,9 km 129 m 14 C | | |
| 1 | REINA CAMPOS, DANIEL | . ALMOGIA | 19:56 | 0:00 |
| 2 | AVILA AGUILAR, ISMAEL | . ALMOGIA | 24:17 | +4:21 |
| 3 | Hormigos Calderón, Álvaro | . INDEPENDIENTE | 25:57 | +6:01 |
| 4 | Navarro García, Pablo Miguel | . TERESIANAS | 26:54 | +6:58 |
| 5 | CABRERA BUENO, CRISTOBAL | . ALMOGIA | 29:10 | +9:14 |
| 6 | ROMERO MORENO | . ALMOGIA | 31:56 | +12:00 |
| 7 | CAMPOS ARRABAL, CRISTOBAL | . ALMOGIA | 32:41 | +12:45 |
| 8 | TORREBLANCA FERNANDEZ, ALONSO | . ALMOGIA | 37:28 | +17:32 |
| 9 | Fernandez Olmo, Familia | . ALMOGIA | 37:47 | +17:51 |
| 10 | Terrones Tapiador, Alonso | . Sendero Sur | 38:26 | +18:30 |
| 11 | Moya Merino, Antonio | . INDEPENDIENTE | 39:44 | +19:48 |
| 12 | CRUZADO TORREBLANCA, JUAN | . ALMOGIA | 39:56 | +20:00 |
| 13 | Núñez Sánchez, Fernando | . Villanueva | 40:58 | +21:02 |
| 14 | TORCELLO RODRIGUEZ, ROCIO | . INDEPENDIENTE | 45:54 | +25:58 |
| 15 | BARRAGAN VICARIA, ISABEL MARIA | . INDEPENDIENTE | 45:56 | +26:00 |
| 16 | Terrones Tapiador, Sofía | . Sendero Sur | 47:10 | +27:14 |
| 17 | GONZALEZ JIMENEZ, ALFONSO | . ALMOGIA | 47:38 | +27:42 |
| 18 | Sanchez Garrido Baron, María | . Sendero Sur | 48:24 | +28:28 |
| 19 | VAZQUEZ RODRIGUEZ, HELENA | . INDEPENDIENTE | 49:06 | +29:10 |
| 20 | Valle Fernandez, Alejandro | . Sendero Sur | 50:53 | +30:57 |
| 21 | CARRERA JIMENEZ, NAIA | . ADAN | 53:09 | +33:13 |
| 22 | Jimenez Piano, Fco.Javier | . ADAN | 53:49 | +33:53 |
| 23 | NAVARRO MARTIN, ANABELEN | . Coin-o | 54:23 | +34:27 |
| 24 | Gallego Rodríguez, Gabriel | . Sendero Sur | 54:41 | +34:45 |
| 25 | CABRERA MORENO, EMILIA | . ALMOGIA | 58:43 | +38:47 |
| 26 | Bellet Gonzalez, Reme | . Coin-o | 1:00:15 | +40:19 |
| 27 | Maldonado Aranda, Antonio | . Coin-o | 1:00:16 | +40:20 |
| 28 | Perez Trujillo, Manuel | . Coin-o | 1:00:21 | +40:25 |
| 29 | Prados García, Luisa | . Coin-o | 1:00:37 | +40:41 |
| 30 | Adán, Lola | . COMA | 1:00:44 | +40:48 |
| 31 | Arroyo Velasco, Álvaro | . Puente Genil | 1:05:21 | +45:25 |
| 32 | Ortiz Cejas, Jorge | . Puente Genil | 1:16:45 | +56:49 |
| 33 | GOMEZ GONCALVEZ, OSCAR | . ALMOGIA | 1:37:04 | +1:17:08 |
| | leiva galán, Martina | . ALMOGIA | Error en tarj. | |
| | ROJAS, MANUEL | . ALMOGIA | Error en tarj. | |
| | GACHI GARCIA, ISMAEL | . ALMOGIA | Error en tarj. | |
| | CARRERA JIMENEZ, LEON | . ADAN | Error en tarj. | |
| | Luque Villarrubia, María | . Puente Genil | No sale | |
| | Morales Morales, Manuel | . INDEPENDIENTE | No sale | |
| | RITA, BEETS | . ALMOGIA | No sale | |
| | Aguilar Barranco, Jose Luis | . Coin-o | No sale | |
| | Gomez Cuenca, Claudia | . Puente Genil | No sale | |
| | JIMENEZ DOMINGUEZ, ALONSO | . ALMOGIA | No sale | |
| R3 (51) | | | | |
| | | 3,0 km 155 m 14 C | | |
| 1 | Calderon Berruga, Chema | . INDEPENDIENTE | 23:47 | 0:00 |
| 2 | ALCAIDE CAMACHO, MARTIN | . COMA | 25:00 | +1:13 |
| 3 | Caballero Benítez, Alejandro | . C.D.AXARLÓN | 28:12 | +4:25 |
| 4 | Rivas Santaolalla, Isidoro | . IES María Zambrano | 33:22 | +9:35 |
| 5 | HARRINGTON, NICOLAS | . INDEPENDIENTE | 34:09 | +10:22 |
| 6 | García Sacristán, Andrea | . INDEPENDIENTE | 35:17 | +11:30 |
| 7 | Jiménez García-Verdugo, Laura | . COMA | 36:13 | +12:26 |

| Pos | Nombre | Club | Tiempo | Diff. |
|----------------|----------------------------------|--------------------------|----------------|--------|
| R3 (51) | | | | |
| | | 3,0 km 155 m 14 C | (cont.) | |
| 8 | Garcia-Valdecasas Torres, Paloma | . INDEPENDIENTE | 41:41 | +17:54 |
| 9 | CAMACHO GARCÍA, LUCÍA | . COMA | 42:22 | +18:35 |
| 10 | Gomez Coll, Ioyda | . INDEPENDIENTE | 49:04 | +25:17 |
| 11 | MONÍO RODRIGUEZ, SALVADOR | . COMA | 49:11 | +25:24 |
| 12 | Velasco González, Eva | . Sendero Sur | 51:34 | +27:47 |
| 13 | Peltola, Katariina | . MS Parma | 52:01 | +28:14 |
| 14 | Herrador Aguilar, Pilar | . CD Los Biciosos | 58:02 | +34:15 |
| 15 | Moreno Claros, Jacobo | . INDEPENDIENTE | 59:31 | +35:44 |
| 16 | Domínguez Contreras, Beatriz | . INDEPENDIENTE | 1:00:36 | +36:49 |
| 17 | Pérez López, Pilar | . INDEPENDIENTE | 1:03:42 | +39:55 |
| 18 | Díaz Gallo, Francisco Manuel | . INDEPENDIENTE | 1:03:53 | +40:06 |
| 19 | Martínez Ríos, Isabel Mª | . INDEPENDIENTE | 1:17:55 | +54:08 |
| 20 | Torres Gallardo, Diana | . Sendero Sur | 1:18:29 | +54:42 |
| 21 | Cuadra Checa, Laura | . Sendero Sur | 1:18:51 | +55:04 |
| 22 | RUIZ DEL PINO, ALEJANDRO | . Coin-o | 1:20:34 | +56:47 |
| | RODRIGUEZ CRESPILO, ALICIA | . COMA | Error en tarj. | |
| | González Cabrera, Natalia | . ALMOGIA | Error en tarj. | |
| | García Villanueva, Paloma | . ALMOGIA | Error en tarj. | |
| | Pozo Montiel, Samara | . ALMOGIA | Error en tarj. | |
| | Torreblanca Martos, Ana | . ALMOGIA | Error en tarj. | |
| | Morales Ruiz, Mari Carmen | . ALMOGIA | Error en tarj. | |
| | Godrid Leiva, Francisco Jesus | . ALMOGIA | Error en tarj. | |
| | Jiménez Moreno, Ana Tere | . ALMOGIA | Error en tarj. | |
| | Burgos Benítez, Mara | . ALMOGIA | Error en tarj. | |
| | Reina, Miriam | . ALMOGIA | Error en tarj. | |
| | Simo Juste, Helena | . ALMOGIA | Error en tarj. | |
| | Romero Gonzalez, José | . ALMOGIA | Abandona | |
| | Galvez, Carmen | . ALMOGIA | Abandona | |
| | Gonzalez Arrabal, Ana Mari | . ALMOGIA | Abandona | |
| | Brenes Romero, Ines | . ALMOGIA | Abandona | |
| | Herrada Bello, Iván | . ALMOGIA | No sale | |
| | Benítez Pascual, Ezequiel | . ALMOGIA | No sale | |
| | Mora Antúnez, Francisco | . ALMOGIA | No sale | |
| | Remedios Camuñas, Ana | . ALMOGIA | No sale | |
| | Sanchez, Maria | . ALMOGIA | No sale | |
| | Alejandro, Ruiz del Pino | . Sendero Sur | No sale | |
| | FERNANDEZ GODOY, CRISTINA | . Palleways-Climbeer-O | No sale | |
| | García Gutiérrez, Natalia | . Sendero Sur | No sale | |
| | Florido Conejo, Cristobal D. | . ALMOGIA | No sale | |
| | Martos Infantes, Juan | . ALMOGIA | No sale | |
| | Levia Navarrete, Ángel | . ALMOGIA | No sale | |
| | Sánchez Romero, Jesús | . ALMOGIA | No sale | |
| | Conejo Mayorga, Salvador | . ALMOGIA | No sale | |
| | Ruiz Ruiz, Gab riel | . ALMOGIA | No sale | |
| R4 (12) | | | | |
| | | 3,5 km 150 m 17 C | | |
| 1 | Peltola, Timo | . MS Parma | 45:10 | 0:00 |
| 2 | Sevillano Muñoz, Rafael | . COMA | 52:09 | +6:59 |
| 3 | Miranda González, Francisca | . COMA | 55:23 | +10:13 |
| 4 | Gómez Lara, Javier | . BENALCAMN | 57:08 | +11:58 |
| 4 | Carmona García, Ángel | . BENALCAMN | 57:08 | +11:58 |
| 6 | Karset, Rolf | . Steinkjer OK, Noruega | 1:10:58 | +25:48 |

| Pos | Nombre | Club | Tiempo | Diff. |
|--------------------------|-----------------------------------|------------------------|----------------|--------|
| R4 (12) | | | | |
| 3,5 km 150 m 17 C | | | <i>(cont.)</i> | |
| 7 | Benítez García, Laura | . C.D.AXARLÓN | 1:11:50 | +26:40 |
| 8 | GIL VILLENA, FÉLIX ALFONSO | . COMA | 1:17:28 | +32:18 |
| | Olea Valderrama, Iván | . INDEPENDIENTE | Error en tarj. | |
| | Montoro Gómez, Antonio | . CORTIJOBLANCO | No sale | |
| | Rojas Romero, Ignacio | . O-RONDA | No sale | |
| | Pereira Roldán, Pablo | . LAUR-O | No sale | |
| R5 (19) | | | | |
| 4,3 km 166 m 19 C | | | | |
| 1 | García-Verdugo García, yolanda | . ADAN | 44:14 | 0:00 |
| 2 | LÓPEZ PÉREZ, JUANAN | . BENALCAMN | 46:55 | +2:41 |
| 3 | Roldán Pareja, Marian | . LAUR-O | 48:33 | +4:19 |
| 4 | PARKER, RACHEL | . COMA | 50:29 | +6:15 |
| 5 | Cuenca Adán, Brigida | . CD 101KM LA LEGION | 51:17 | +7:03 |
| 6 | Talavera Alcázar, Ángel Luis | . INDEPENDIENTE | 52:45 | +8:31 |
| 7 | Elfvig, Agnes | . IK Jarl | 55:13 | +10:59 |
| 8 | OROPEZA VERACIERTO, YURY LEONAR | . COMA | 55:57 | +11:43 |
| 9 | Fiedler, Monika | . COMA | 57:36 | +13:22 |
| 10 | MENÉNDEZ FREIRE, EDÉN | . Palleways-Climbeer-O | 59:23 | +15:09 |
| 11 | ORTIZ MIRANDA, LUCÍA | . COMA | 1:02:37 | +18:23 |
| 12 | Ortiz Martín, Francisco | . COMA | 1:03:55 | +19:41 |
| 13 | Martinez Valdivia, Paula | . INDEPENDIENTE | 1:08:52 | +24:38 |
| 14 | NAVAS PRADOS, MARIA | . CD Los Biciosos | 1:11:56 | +27:42 |
| 15 | VALLEJO PÉREZ DE LA BLAN, IGNACIO | . COMA | 1:12:08 | +27:54 |
| 16 | Puentedura Monte, Jose Manuel | . COMA | 1:12:12 | +27:58 |
| | Fuentes Alaminos, Sabrina | . COMA | Error en tarj. | |
| | Carabante Toro, Jennifer | . ISTAN TEAM | No sale | |
| | RODRIGUEZ BROME, VERONICA | . COMA | No sale | |
| R6 (25) | | | | |
| 4,3 km 141 m 19 C | | | | |
| 1 | Vallejo Garach, Ignacio | . COMA | 32:12 | 0:00 |
| 2 | Byrczek, Jan | . UKS Azymut 45 Gdynia | 32:36 | +0:24 |
| 3 | García Guerrero, Antonio | . COMA | 37:08 | +4:56 |
| 4 | Sanz Balaguer, Carlos | . COMA | 38:21 | +6:09 |
| 5 | MUÑOZ MÉRIDA, FRANCISCO RAFAEL | . CD Los Biciosos | 40:18 | +8:06 |
| 6 | Fernandez Vaquero, Javier | . COMA | 41:13 | +9:01 |
| 7 | Santos Morales, Miguel Ángel | . ISTAN TEAM | 43:09 | +10:57 |
| 8 | CANTOS BERTOS, ANTONIO MIGUEL | . ALTERA | 43:53 | +11:41 |
| 9 | AGUILAR LARA, MIGUEL ÁNGEL | . ADAN | 44:14 | +12:02 |
| 10 | GUERRERO SÁNCHEZ, JOSÉ ANDRÉS | . COMA | 45:48 | +13:36 |
| 11 | Tapia González, Francisco Javier | . ISTAN TEAM | 48:34 | +16:22 |
| 12 | Frost, Per | . IK Jarl | 50:12 | +18:00 |
| 13 | NAVARRO PARADAS, JUAN FRANCISCO | . TERESIANAS | 50:59 | +18:47 |
| 14 | GIL DE LA VEGA, FÉLIX | . Palleways-Climbeer-O | 52:14 | +20:02 |
| 15 | Pereira Rivero, Paul | . LAUR-O | 53:25 | +21:13 |
| 16 | PUERTO ORDOÑEZ, JOSE ANTONIO | . ALTERA | 59:32 | +27:20 |
| 17 | GÓMEZ RODRÍGUEZ, FELIPE | . Palleways-Climbeer-O | 1:03:07 | +30:55 |
| 18 | García Peña, Francisco José | . Coin-o | 1:05:29 | +33:17 |
| 19 | TECO, IVAN | . Coin-o | 1:05:30 | +33:18 |
| 20 | Hormigos Calderón, Diego | . COMA | 1:05:48 | +33:36 |
| 21 | Ranea Talavera, Francisco José | . CD Los Biciosos | 1:15:54 | +43:42 |
| | Jiménez Martínez, Fco. Javier | . COMA | Error en tarj. | |

| Pos | Nombre | Club | Tiempo | Diff. |
|----------------|------------------------|--------------------------|----------------|-------|
| R6 (25) | | 4,3 km 141 m 19 C | <i>(cont.)</i> | |
| | PALENZUELA CRUZ, LUIS | . INDEPENDIENTE | Error en tarj. | |
| | MULERO GONZALEZ, JESUS | . Palleways-Climbeer-O | No sale | |
| | Carrera Cuenca, Iván | . COMA | No sale | |